Intensive Care Coordination (ICC) is a planning process for families with children experiencing mental, behavioral and emotional challenges. The goal of ICC is to support families in keeping youth at home and in the community.

Using a team-based model, Intensive Care Coordination:

- Provides initial family engagement and assessment
- Creates an Initial Plan of Care
- Coordinates with youth, family, and team to assure that everyone is working toward the goals outlined in the service plan
- Identifies and engages natural supports
- Facilitates monthly team meetings and ongoing check-ins
- Develops a 24-hour crisis plan
- Offers family trainings on Collaborative Problem Solving
- Provides discharge and aftercare planning

Some of the benefits of ICC include:

- Reduced inpatient psychiatric hospitalizations
- Reduced ER visits for mental health reasons
- Fewer residential placements
- Fewer missed work days for caregivers
- Families become more self-sufficient

UMFS is an essential agency and services are still available during the COVID-19 physical distancing restrictions. Intensive Care Coordinators connect with families over the phone, online, and through secure video conferencing, although they are not meeting in person at this time.

For more information please contact:
Jessica Grimes
jgrimes@UMFS.org
703.217.3913