

Intensive Care Coordination

Helping families succeed at home



Collaboration

Multiplies

Impact

UMFS is an essential agency and services are still available during the COVID-19 physical distancing restrictions. Intensive Care Coordinators connect with families over the phone, online, and through secure video conferencing, although they are not meeting in person at this time.

Overview

Intensive Care Coordination (ICC) is a planning process for families with children experiencing mental, behavioral and emotional challenges. The goal of ICC is to support families in keeping youth at home and in the community.

Using a team-based model, Intensive Care Coordination:

- Provides initial family engagement and assessment
- Creates an Initial Plan of Care
- Coordinates with youth, family, and team to assure that everyone is working toward the goals outlined in the service plan
- Identifies and engages natural supports
- Facilitates monthly team meetings and ongoing check-ins
- Develops a 24-hour crisis plan
- Offers family trainings on Collaborative Problem Solving
- Provides discharge and aftercare planning

What to Expect

ICC services can be paired with Family Support Partners or used as a standalone support service.

Some of the benefits of ICC include:

- Reduced inpatient psychiatric hospitalizations
- Reduced ER visits for mental health reasons
- Fewer residential placements
- Fewer missed work days for caregivers
- Families become more self-sufficient

Our Approach

UMFS' Intensive Care Coordinators receive training in the High Fidelity Wraparound model, which is utilized in all forms of the ICC service.

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