

# Child & Family Healing Center

Child & Family Healing Center provides 24-hour intensive residential treatment on UMFS's staff-secure, unlocked 33-acre campus. Our multidisciplinary team integrates Collaborative Problem Solving™ with family engagement, psychiatry, nursing, verbal and non-verbal therapies, social work, and counseling.



## Overview

We empower youth by addressing clinical needs and building social competency.



We assess strengths and executive functioning to develop treatment goals for youth and families.



We collaborate with communities in a Systems of Care approach to ensure successful transition into residential treatment, through intervention, and back into the community.



Youth attend Charterhouse School, which is accredited by Virginia Association of Independent Specialized Education Facilities (VAISEF) and licensed by Virginia Department of Education.

## What to Expect

A child's typical stay is 6-12 months, depending on treatment progress and decision of the treatment team. While the child's treatment is our core focus, family engagement is key to well-rounded success. Parent/guardians are encouraged to participate in weekly family therapy and are offered family engagement opportunities, such as a dinner and support group the 4th Sunday of each month.

## Who We Serve

We serve males, females, and gender-diverse youth ages 11-17 at time of admission, who are in the custody of their parent/guardian, the Department of Social Services, or the Department of Juvenile Justice, and have a minimum IQ of 65 (evaluated on a case-by-case basis).

## Our Areas of Expertise

- Trauma histories
- Mood and anxiety disorders
- Emotional, social, and behavioral challenges
- Autism and other neurological differences
- Problem sexual behaviors

*\*For questions related to our admissions criteria, please call 855.275.8637 or visit [UMFS.org](http://UMFS.org).*

To make a referral, call toll-free  
855.275.8637 or visit [UMFS.org](http://UMFS.org).



## Our Process



**Call 855.275.8637 or visit [UMFS.org](http://UMFS.org)** to make a referral. If calling, please have the available information for each child ready to share via phone.



**Our intake staff will contact you** to talk through any questions or concerns.



**An interview is scheduled** with the referred child. A tour of the UMFS campus can also be arranged.



**The child's information is reviewed** with the admission team. A decision is given to the referral source, and placement date is selected, if accepted.



**Our staff, referral partner, and family work together to identify treatment goals** and participate in treatment and transitioning back home or to the next level of care.

## Child & Family Healing Center



## Our Qualifications

Staying informed and trained is vital to our staff helping you be successful with a child, teen, and family. We provide ongoing opportunities for development, including:

- Weekly clinical staffing meetings for staff to receive training, resource recommendation, and professional development
- Weekly supervision with Supervisors
- Collaborative Problem Solving™ trainings and refreshers to effectively implement the evidence based approach for relationship and skill building



To help us determine if our program best meets the needs of the youth, it is ideal for us to receive the following information upon referral:

- Referral form
- Psychological
- Current provider reports
- Court documents (if applicable)

## Funding



- Medicaid
- CSA
- Private Insurance