

I. Creating Safe and Nurturing Environments

Offerings in this track help professionals develop and maintain safe and nurturing environments for students and staff by addressing important topics such as strengths building, crisis intervention, behavior management, and sexual aggression. Trainings/workshops include:

Response Ability Pathways™ (RAP)

RAP is basic training in building strengths. This class offers strategies on how to deal with challenging children youth who are experiencing difficulty in the family, school, or community. Participants will develop the ability to respond to needs instead of reacting to problem behaviors and learn to connect with challenging children, clarify, problems, and restore bonds of respect. For an additional fee, two semester hours of graduate credit available through Augustana College, Sioux Falls, SD; 2.4 CEUs through VCU School of Social Work.

Training Dates & Locations

January 28-30, 2008	Richmond, VA
April 28-30, 2008	Richmond, VA
September 29-October 1, 2008	Fairfax, VA

Cost: \$350 (Group Rates Available)

Life Space Crisis Intervention™ (LSCI)

LSCI is an advanced therapeutic approach for tuning crisis situations into learning opportunities for children and youth with chronic patterns of self-defeating behaviors. Participants will learn and use a cognitive-behavioral approach to behavior management and problem solving. For additional fee, three semester hours of graduate credit are available through Augustana College, Sioux Falls, SD; 4.5 CEUs through VCU School of Social Work

Training Dates & Locations:

February 18-22, 2008	Richmond, VA
November 3-7, 2008	Fairfax, VA
August 18-22, 2008	Richmond, VA

Cost: \$595 (Group Rates Available)

Life Space Crisis Intervention™ (LSCI) Re-certification

This one-day workshop refreshes your LSCI skills and brings additional insights about this powerful process for helping kids in crisis gain insights into their patterns of self-defeating behaviors. Participants share their experiences with LSCI and participate in role plays to hone and reassess their skills.

Training Dates & Locations:

April 2, 2008	Richmond, VA
September 17, 2008	Richmond, VA

Cost: \$95

Connecting with Highly Spirited Youth

Renowned child psychologist Urie Bronfenbrenner said: "Every child needs a least one adult who is unconditionally crazy about him or her." Research has shown that a mentor can have a positive life-long influence on a young person! This six-hour workshop for mentors and tutors help them

raise their awareness and understanding of young people who may display emotional and/or behavioral challenges due to traumatic life struggles.

For more information contact: 804.353.4461 x1290 or learning@umfs.org

Tapping Into the Healing Journey of Sexually Reactive Youth

Sexually reactive youth are not "damaged goods"! UMFS' strengths-based collaborative treatment approach help youth develop behavior and value changes so they can lead more productive lives. This seven-hour training offers participant discussion and experiential learning for this life-change process.

For more information contact: 804.353.4461 x1290 or learning@umfs.org

First Aid/CPR

Certified Trainers will teach and demonstrate the proper techniques to administer First Aid and CPR by using the content from the American Heart Association course *Heartsaver*.

Training Dates & Locations:

March 28, 2008	Richmond, VA
June 27, 2008	Richmond, VA
September 26, 2008	Richmond, VA
December 5, 2008	Richmond, VA

Cost: \$95

Medication Management

Competency-based training designed for Medication Aides working in Virginia's Licensed Assisted Living Facilities, Adult Day Care Center and Children's Residential Facilities. Also includes the Insulin Module. This class meets the requirement of the code of Virginia 54.1-3408.

Training Dates & Locations:

March 12-14, 2008	Richmond, VA
May 14-16, 2008	Richmond, VA
July 23-25, 2008	Richmond, VA
September 17-19, 2008	Richmond, VA
November 19-21, 2008	Richmond, VA

Cost: \$250 (Group Rates Available)