



UMFS Therapeutic Treatment Services in the Public Schools

A Medicaid-Approved Service



UMFS provides Therapeutic Treatment Services in the Public Schools — including your child’s school — year-round. We serve students with behavioral and emotional problems that make it difficult for them to function with their peers and teachers in the school.

Our goal is to teach students to display age-appropriate behavior at home, in the school, in the neighborhood, and in the community at large. As a result, we expect to reduce suspensions, improve school attendance and time on task resulting in improved grades and test scores.

Our Philosophy

UMFS uses a *wraparound philosophy* based on the **Circle of Courage™** to help all children meet four universal growth needs:

We believe that all children have strengths and are able to form social bonds, solve problems, exercise self-control, and make a contribution to others.

Recent research has shown that the growth needs identified by the Circle of Courage™ are hard-wired into the human brain and essential for survival and well-being. Our program provides opportunities for children and youth to develop belonging, mastery, independence, and generosity.



Our Services

Positive Behavior Support: Teaching expectations, observing and rewarding approximate behaviors, redirecting, counseling, and administering consequences as needed. Positive Behavior Support is provided throughout the day by our Behavior Support Counselors and based on cognitive and behavioral approaches.

Individual Therapy: Provided one time per week by a master level clinician to address the individual needs of each student.

Group Therapy: Facilitated by a master level clinician and designed to explore the life experience that led the youth to the program and to develop more effective coping skills. As helpers and participants, all students give and receive help in the group setting.

Group Counseling: Groups with 3-7 other students are facilitated by at least one Behavior Support Counselor to teach social skills, anger management, problem-solving skills, character education, etc. Each group session has an identified theme and goals and draws on content from *Aggression Replacement Training*, *Skillstreaming the Elementary School Student*, and *Skillstreaming the Adolescent*.

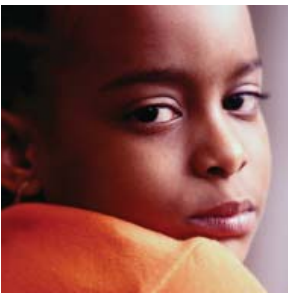
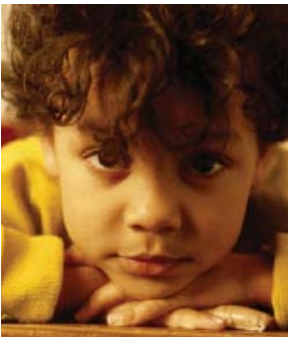
Crisis Intervention: Problems are opportunities for learning, growth, insight, and change. Our staff are trained in Life Space Crisis Intervention (LSCI) and are prepared to turn crisis situations into learning opportunities for children and youth with chronic patterns of self-defeating behaviors. In the event a child is unable to respond to verbal requests, manual restraint may be used as the last resort to prevent the child from hurting self and others. All our staff are trained in Mandt®.

Family Counseling: Provided weekly by phone to keep the parents informed about the progress of their child during the week and to discuss how the parents can support their child at home. We also offer parent/family events at a minimum of twice a year.

Case Coordination: The child’s Behavior Support Counselor will communicate regularly with teachers and other providers at least monthly to ensure your child receives the best care.

Additional FamilyCARE and School-Based Services offered by UMFS:

- Intensive In-Home Services
- Family Group Decision Making
- Charterhouse School Day Program for students 11-18 years of age
- Mentoring
- Guided and Supervised Visitation



UMFS can help. Call us today.

For more information about UMFS Therapeutic Treatment Services in the Public Schools, please contact Larry Turner, Program Director, at 804-239-1057 or lturner@umfs.org.