



Serving families with our hearts and our expertise.

Tidewater Regional Center

815 Baker Road, Suite 201, Virginia Beach, VA 23462

Telephone: 757-490-9791

From I-64 East: Take the Northampton Boulevard/Chesapeake Bay Bridge Exit 282. Once you are on Northampton Boulevard, carefully merge right and make a right turn at the stoplight onto Wesleyan Drive. (Lake Wright Inn will be on your left.) Pass Virginia Wesleyan College and continue one mile to Baker Road and make a Right. Go a short distance and make a right into Heritage United Methodist Church's parking lot. Drive around to the wing at the back of the church; we are in Suite #201.